

RESEARCH PARTICIPANTS WANTED

Come support TTU research!

Benefits

- General health screening
 - Blood pressure, total cholesterol and glucose
- Monetary compensation for your participation in the study
 - \$60 for completion of entire study

Purpose of Study

Understand the effect of increased leg vascular function on walking ability in older women and men.

When and Where?

4 visits to the Vascular Assessment Laboratory located in the Exercise and Sport Sciences building at Texas Tech University.

Who Can Participate?

- Women and men between the ages of 60-80 years
- Non-smokers
- Not obese (body mass index or BMI < 30)
- No diagnosed cardiovascular, pulmonary or metabolic disease
- Not taking medications that affect cardiovascular function
- No high blood pressure
- No high blood levels of total cholesterol or glucose
- Not taking hormone replacement therapy

FOR MORE INFORMATION CONTACT

Joaquin Gonzales, Ph.D.

joaquin.gonzales@ttu.edu or 806-834-5944

Department of Health, Exercise, and Sport Sciences
Texas Tech University

